



~~How Creative Are You?~~

How Are You Creative?

Taking inventory of your creative resources

Part of growing our creative potential is learning to see how and when we are already creative. If you are human, you are creative.

Please list the creative resources that show up in your daily life, and then add the context. You can choose from the short list in each category, or you can add your own.

Example:

improvisation	When making jokes with friends
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Creative Resource	Context

Add one creative resource you'd like to grow and name a context in which you could see it develop.

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Bonus:

Choose one of these creative resources and turn it into a character. We invite you to embrace what we call "bad drawings." It's more about the idea than the actual product. Feel free to annotate the drawing!