



Cross the Circle

Instructions:

1. Form a Standing Circle
2. Find a new place to stand in the circle, cross the circle without bumping into anyone. Try not to even brush their clothes as you walk by. Do it by the time I count to 7.
3. Go... 1...2...3...4...5...6...7
4. Very good, now cross the circle... (use a prompt)

Prompts:

- Big Steps
- Walk Sideways
- Hello neighbor, goodbye neighbor (*notice person on left and right. Find a new place in the circle, but you can't end up next to either of them.*)
- Walk backwards (*be careful!*)
- As if underwater
- Honey on the floor
- 1.5 speed
- Like the wind is blowing really hard
- On your tiptoes
- On your heels
- With tiny steps
- Like you're really tired
- Low to the ground
- As tall as you can be
- Extremely shy