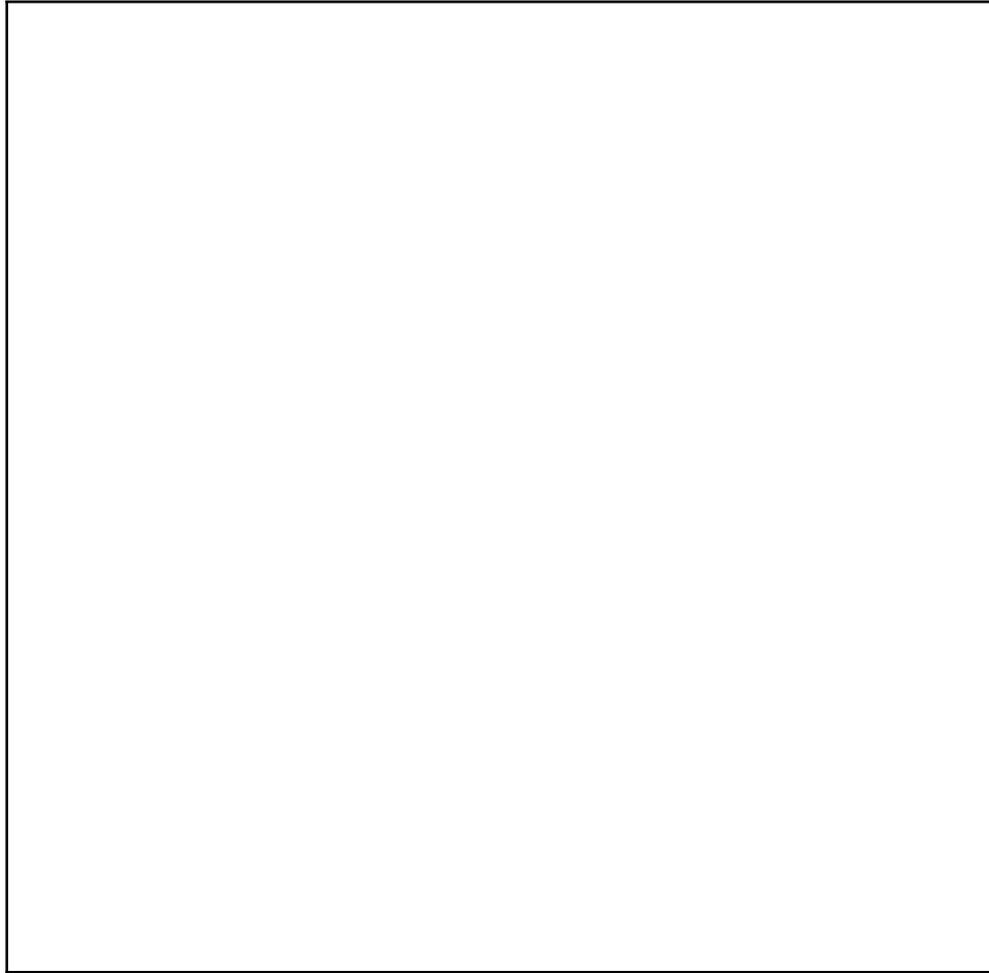


Name: \_\_\_\_\_



My inner critic's name is \_\_\_\_\_.

My inner critic says (word or phrase) "\_\_\_\_\_."

Inner Critic, What is your purpose?

Inner Critic, What do you want me to know about you?

How can we work better together? (make an agreement with them)