

Tolerating Ambiguity RESOURCES

Classroom Resources:

What is going on in this picture? New York Times, weekly captionless images for discussion:
<https://www.nytimes.com/column/learning-whats-going-on-in-this-picture>

Articles:

The Measurement of Personal Qualities section, and the tools they are using are intriguing.
[Medical Students' Exposure to the Humanities Correlates with Positive Personal Qualities and Reduced Burnout: A Multi-Institutional US Survey](#)

5 strategies for inviting uncertainty into the classroom [Inviting Uncertainty into the Classroom](#)

[Structured Uncertainty: How Creativity Thrives Under Constraints and Uncertainty: Resistive Theories, Practices, and Actions](#)

“Tolerance for ambiguity can be defined as the degree to which an individual is comfortable with uncertainty, unpredictability, conflicting directions, and multiple demands. In essence, tolerance for ambiguity is manifest in a person’s ability to operate effectively in an uncertain environment. The extent of ambiguity may vary greatly and is generally linked to the underlying cause for uncertainty. Some people may be born with a natural predilection toward tolerance for ambiguity, while for others it develops over time through education and experience.” [Tolerance for Ambiguity - Career Assessment - iResearchNet](#)

Using Visual Thinking Strategies to enhance a medical professional’s Tolerance for Ambiguity (a vital skill in the medical profession when it comes to engaging with each unique and unpredictable patient and reading complex charts/symptoms/data). [More than visual literacy: art and the enhancement of tolerance for ambiguity and empathy](#)

People with high tolerance tend to be more trusting and cooperative
[People more likely to trust, cooperate if they can tolerate ambiguity, study finds](#)
Original paper: [Tolerance to ambiguous uncertainty predicts prosocial behavior](#)

Books:

[Nonsense: The Power of Not Knowing](#) by Jamie Holmes, October 2015



CREATIVE ENGAGEMENT FOR HEALTH

